

Pastor Brian
Sunday, April 26, 2026

What I see in the ministry of Jesus and frankly the whole Bible is not a message of an anxiety free life. It's a message that asks us how we are going to bring those experiences and thoughts into the presence of Jesus who has promised to always be with us.

The answer isn't to push them down. The answer isn't to tell people to stop having them. The answer isn't to pretend we don't have them.

The answer is to bring them into our prayer life, process them with Jesus and learn to give them to Jesus. When I say bring them into our prayer life, this isn't some type of, "Oh, Jesus, please come fix me, I'm terrible. Just take this away." But instead it's, "Jesus, I need you. I need to talk to you about this. Yes, I'm a bit of a mess, but you're still with me and I know you can bring me closer to you through this. I know there are truths about you I can learn through this. Please walk with me through this." Asking Jesus to be present in something versus asking Him to fix something immediately.

My friends, Jesus doesn't condemn us for having anxiety. He comes alongside us and reminds us we still belong to Him. Jesus comes alongside of us to remind us of our identity; to remind us that we are more precious than birds--and Jesus loves birds--but we are the apple of Jesus' eye. That's what this passage is telling us. It tells us our identity. We are God's kid. And no amount of anxiety--as real and as intense as it can feel--can take away from that.

Friends, here's why this matters. This is perhaps the biggest truth I have learned about faith and anxiety. I'm going to share two statements with you. One is true. One is false.

Statement one: I am an anxious person.

Statement two: I am experiencing anxiety.

Statement one is false. None of us are anxious people. But all of us are people who experience anxiety. Here's why that matters:

That first statement makes anxiety an adjective. The second statement makes anxiety a noun. Anxiety as an adjective describes who we are as a person. Anxiety as a noun describes what we experience as a person. Who we are as a person is written in permanent marker. What we experience as a person is temporary. When we say we are an anxious person, anxiety becomes something we always carry with us. It is who we always are. But when we are a person who experiences anxiety, we recognize that the anxiety comes and goes.

Friends, you are not an anxious person. I don't care what diagnosis you have or don't have. You are not an anxious person. You are a person who experiences anxiety. Some of us more than others. But all of us can experience something without letting it define us. Something can happen to us without letting it define us. We don't deny that it happened to us. We deny that it defines us.

FIRST UNITED METHODIST CHURCH OF FARMINGTON

33112 Grand River Avenue
Farmington, MI 48335

FIRST UNITED METHODIST CHURCH OF FARMINGTON

10:00 a.m. Sunday Worship Service

May 3, 2026

PRELUDE		Yaroslav Daniels
WORDS OF WELCOME		Rev. Brian Steele
CHORAL INTROIT	<i>Precious Lord, Take My Hand</i>	Chancel Choir
HYMN	<i>Come, Share the Lord</i>	TFWS #2269

CALL TO WORSHIP

Barbara Walker

Leader: We gather together to worship the living Christ.

People: We are not alone.

Leader: We gather together to carry burdens that we cannot carry alone.

People: We are not alone.

Leader: We gather together to sing songs of hope.

People: We are not alone.

Leader: Thanks be to God for a community of faith and a God who walks with us.

ALL: Amen.

OPENING PRAYER

Barbara Walker

Loving God, we thank you for bringing us together today. You created us to walk with each other through life's blessings and trials. May we be a community of faith who grieves with those who grieves and who celebrates with those who celebrate. Nobody's pain and trials are beyond your love. Open our eyes to see our neighbors who are in need of somebody to come alongside them. May we be the answer to their prayers. Amen.

ANTHEM	<i>It Is Well with My Soul</i>	Chancel Choir
	By John Ness Beck	
HYMN	<i>In the Garden</i>	UMH #314

CHILDREN'S MOMENT

Carolyn Aymer

SCRIPTURE LESSON: Numbers 11:10-17

Barbara Walker

Liturgist: The word of God for the people of God

People: Thanks be to God

SERMON Mental Health and Jesus: Sharing Your Burdens Rev. Michelle King

OFFERTORY INVITATION

Barbara Walker

(WE ARE GRATEFUL FOR YOUR GENEROSITY. PLEASE, GIVE LIKE IT MATTERS, BECAUSE IT DOES.)

- Please place your Connect Cards in the offering plate along with any financial gifts you wish to give.

OFFERTORY PRAYER OF DEDICATION

Barbara Walker

OFFERTORY MUSIC

Yaroslav Daniels

*SUNG PRAISE *Praise God, from Whom All Blessings Flow*

UMH #94

COMMUNITY PRAYER

Rev. Steele

LORD'S PRAYER (In Unison)

Rev. Steele

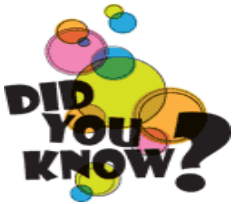
Our Father, who art in heaven, hallowed be thy name. Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever. Amen.

COMMUNION All Are Welcome at God's Table (See Insert) Revs. Steele and King
WAYS TO CONNECT Rev. Steele

HYMN *There Is a Balm in Gilead* UMH #375

SENDING: Rev. Steele
You Are Not Here By Accident. Go Remind Others of the Same

CHORAL BENEDICTION *Leaning on the Everlasting Arms* Chancel Choir
POSTLUDE Yaroslav Daniels



We have some Sundays still open for you to sign up for flowers?
Remember a loved one or a special day for \$30.
See the sign up calendar outside the sanctuary for open dates.

PRAYERS

General: All conflicts globally and domestically, Connie L's grandson Andrew who is serving in Iraq and all those serving, Temple Israel in West Bloomfield and all our Jewish siblings

Gratitude: Kind spouses, growing children and families.

Health Julian, Cameron, Lily W, Olivia, Tom Benjamin, Erica Palmer, Nikki, Kali Imus, Tony Tulgetske, James Lanstra, Hooley Fiwig, Sean Mullan, Bernie Shaw, Claudette Howell

Cancer: Pat (Sandy R's cousin), Dakota and her parents Leslie and Kevin, Dawn McCourt, Michael Jackson, David Shultz, Linda P

The families of Denise Ruff, David O'Shea (Cathy Kwasky's brother) Ethel Shapiro, Ruth Yuill, Dean Koppin, Beth Ellis, Judith Young Mayo, Peter Kalakailo, Bob Cook, those who have lost somebody to fentanyl overdose, families and everyone amidst their grief.

WALK. GIVE. CHANGE THE WORLD.

2026
CROP HUNGER WALKS

ENDING HUNGER
ONE STEP AT A TIME

It's that time of year again -- the CROP Walk is coming -- and as usual, Farmington First will host the Walk. The Walk will be held on Sunday, May 3, 2026. There will be two options for the Walk: a one mile course and a 3.5 mile course. Check in and t-shirt distribution will start at 12:30. Team pictures at 1:00. At 1:15 we will enter the Sanctuary for our kick-off meeting and then cross Grand River promptly at 1:30 to begin.

The preferred method of donating is online giving. To donate online click on this link [2026 CROP Hunger Walk - Farmington MI](#)

[FUMC](#) and then click on the "Donation" box. If you do not want to make an online donation, make your checks payable to "CWS/CROP" and drop off in the office for John Sheppard. DO NOT make checks payable to the church. NO CASH will be accepted.

If you want to participate in the Walk, click on this link [2026 CROP Hunger Walk - Farmington MI](#) [FUMC](#) scroll down and click on the "Join The Team" box. It is very important that you register online if you want to participate because that also includes the waiver.

<https://events.crophungerwalk.org/chw/team/farmington-mi-fumc>

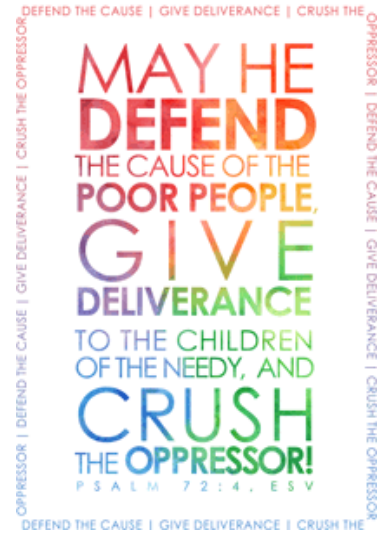
If you have any questions, please contact John Sheppard. See you at the Walk!!



MEETING ON Monday, May 4th @ 6:30 p.m.



PAY IT FORWARD
choice for MAY 2026
CCMM3020



CARING MINISTRY LIST
STRENGTH & WISDOM DEALING WITH
HEALTH & LIFE CHALLENGES:

CONDOLENCES Denise, Ruff, Ruth Yuill, Bev Ellis, Dean Koppin

Bernie Shaw's, Maggie Clewley, Pat Dygert, Claudette Howell, John Hopeck, Bonnie Kennedy, Paul King, Cathy Kwasky, Scott Lodge, Denise Rogers, Oliver Schultz, Sharon Scott, Darrell Simmons, Bill & Suzanne White, Sandy Welling

The Caring Ministry keeps those who are shut in, hospitalized or sick and unable to attend church connected to the church through visits, cards, and phone calls. "Please notify our office via call or email: office@farmingtonfumc.org or pastor of any requests by Monday to be included in the bulletin and by Thursday for verbal announcements. Names will be removed after 60 days unless otherwise requested."



3rd **Open for your loving tribute!**

10th Happy Birthday to the best husband ever, Joseph!

Mary Sue Duffy

17th **Open for your loving tribute!**

24th in loving memory of all our awesome Veterans and my father, John Downing, US Navy. In loving honor of my grandson, Kane Tschudi serving overseas in US Navy Patti Tschudi



Basement Burger Bar

Go after
worship any
Sunday and
20% of profits
come back to
the church!



The following committees are looking for additional members:
Methodist Men, Finance, Outreach, Trustees, The Streaming Team, and Website Team.



If you are interested in any of these committees, please contact Pastor Brian at (269) 274-0029.

Our teller team could use your help. Looking for 3 or 4 more volunteers that are willing to help count the offering after Sunday service. It takes about 30-60 minutes to complete depending on the Sunday. We schedule 2 tellers per Sunday. Commitment would be for no more than 2 Sundays a month depending on the scheduling. There may be a month that you may not be required to count. Scheduling is flexible.

WOULD YOU LIKE TO BE A LITURGIST?

Liturgists are responsible for leading the opening prayer, reading the scripture lesson, leading the offering prayer, and reading the explanation of offering options. If you are interested in joining the liturgist team, please contact Jill Burress at jillb69@aol.com.

“HOW TO LIVESTREAM OUR WORSHIP SERVICE”

You can view our worship services live each Sunday morning, even if you don't have a Facebook page/account. Here is how to connect:

1. Go to: www.farmingtonfumc.org/watch or
2. Access the church's Facebook page at: www.facebook.com/farmingtonfumc/
3. Once on the church's Facebook page, select the video marked **Live** in red.
4. You can now view the livestream of our worship service.



DID YOU MISS THE WORSHIP SERVICE?

You can view all previous worship services and sermons on our YouTube Channel, Facebook Page, or Website:

- Youtube: www.youtube.com/@farmingtonfumc1829/videos
- Facebook: www.facebook.com/farmingtonfumc/videos.
- Website: www.farmingtonfumc.org/watch-live

YOUR FINANCIAL SUPPORT IS APPRECIATED

Thank you for continued prayerful and financial support of the church. If you would like to make a gift to the church, please use one of the following methods:

1) Drop-off or Mail-in your gift to:

First United Methodist Church of Farmington - 33112 Grand River Ave
Farmington, MI 48336

2) Use PayPal, and select: First United Methodist Church of Farmington

3) Scan the QR code and follow the prompts.



GIVE TODAY



FOLLOW US ON INSTAGRAM @farmingtonfumc



FIRST UNITED METHODIST CHURCH OF FARMINGTON

33112 Grand River Avenue † Farmington, MI 48336

News & Notes April 26, 2026

248 474-6573 or 248 474-6595

Tuesday, April 28th

10:00 a.m. Bible Study
7:00 p.m. Bible Study

Wednesday, April 29th

7:15 p.m. Boy Scouts

Thursday, April 30th

6:00 p.m. Handbell Rehearsal in the bell room
7:00 p.m. Vocal Choir Rehearsal

Friday, May 1st

5:00 p.m. Detroit Baptist Chin

Saturday, May 2nd

2:00 p.m. Liturgical Dance Rehearsal

Sunday, May 3rd

10:00 a.m. **Worship/SS Coffee Hour follows/CROP WALK**
11:30 a.m. Bible Study
12 noon Classical Indian Dance
5:00 p.m. Detroit Chin Baptist Church

Church Office Hours

Tuesday - Thursday
11:00 am to 3:00 pm

Pastor Bea Had surgery

Tuesday – Thursday
10:00 am to 2:00 pm

Pastor Brian

is in the office from 10:00 a.m. --3:00 p.m.
Monday, Wednesday and Thursday.
Please text to confirm availability.
And, available by phone 269-274-0029
every day except Friday.

YOU ARE A BLESSING FROM GOD: We grateful for all our guest, let us know you are here. Please scan the QR code to complete a: **CONNECTION CARD**



ANNA COOK CIRCLE FELLOWSHIP

May 13, 2026 @ 12 noon

BRING YOUR SANDWICH & BEVERAGE

LYDIA CIRCLE FELLOWSHIP



CRAFTER'S FELLOWSHIP

3rd Saturday's of the month

May 16th 9:30 a.m. – 2:00 p.m.

Bring a project to work on, a sandwich,
and see what we are creating.

Susan Cook, Coordinator



APRIL 26th Diane Kreimes, Joy Baum, 28th Elaine Malafouris 29th Janine Shymanski, 30th Mark Keach

5th Leah Sheppard, 6th Joseph Duffy, 10th Connie Lynn
10th Janet Inman, 12th Kate Aren, 14th Jim Glennie
18th Samuel Carnell, 19th Patrick Imus, James Malkowski
22nd Carolyn Aymer, Henry Shymanski
23rd Stephanie Anttila, 24th Kirk Jaske, Tim King
27th Heather Cude, Arun Edwin, Pattie Tschudi
30th Nancy Imus

4th Ted & Heather Shymanski
13th Claude & Yvonne Christensen
19th Tim & Beverly King
24th James & Carolyn Aymer
25th Richard & Cindy Scholer

