

Pastor Brian
Sunday, April 19, 2026

You can follow and love Jesus, and still have struggles with your mental health. You can have bold faith, and need a therapist. You can be courageous, and need medicine. In fact, I would argue admitting you needing help is a sign of courage. Pastor Craig Groeschel-- who is a very big and burly man--admitted that he needed help because he had hit a wall, says, "Getting help isn't a sign of weakness, it's a sign of wisdom." (X2).

It is wisdom to recognize that we humans have limits. It's wisdom to admit that we need help. Another pastor said the reason he has been to counseling his whole life is because, in his own words, "I think I'm worth it." God says you're worth it. There may be times when you don't think you're worth it. But remind yourself God says otherwise.

If we need reminders of people who struggled, let's just look at some of our biggest Bible heroes.

David. As in King David who defeated Goliath. Read his psalms. He is crying out in the midst of turmoil.

Elijah. The prophet who was taken up to heaven because of his remarkable faith. After defeating a bunch of false prophets, Elijah is on the verge of exhaustion and cries out to God, "Take my life because I'm no better than my ancestors."

Jesus. Yes, I said Jesus. Just read the story of Jesus in Gethsemane. That is anxiety. Struggling with mental health does not make you a bad Christian. It makes you human. And God loves humans.

FIRST UNITED METHODIST CHURCH OF FARMINGTON

33112 Grand River Avenue
Farmington, MI 48335

FIRST UNITED METHODIST CHURCH OF FARMINGTON

10:00 A.M.

April 26, 2026

PRELUDE		Yaroslav Daniels
WORDS OF WELCOME		Rev. Brian Steele
HYMN	<i>Come! Come! Everybody Worship</i>	TFWS #2271
CALL TO WORSHIP		Jill Burress
Leader: Welcome to those experiencing anxiety. People: Jesus is here to meet you.		
Leader: Welcome to those who struggled to get out of bed this week. People: Jesus is here to meet you.		
Leader: Welcome to those whose brains work differently than others. People: Jesus is here to meet you.		
Leader: There is room for all of God's children in God's house. May it be so. ALL: Amen.		
OPENING PRAYER		Jill Burress
Loving God, we read the words of John 3:16 and remember that God so loved the world, and yet we place exceptions on whom that includes. When people experience anxiety, depression or their brain simply functions differently, we are tempted to exclude your children because we don't understand. We enter into judgment instead of curiosity. Forgive us, Lord. May we open our arms instead of opening our mouths. May we listen instead of speak. Above all, may we love deeply and without exemption. Amen.		
ANTHEM	<i>Love Grows Here</i> By Don Besig	Chancel Choir
HYMN	<i>Standing on the Promises</i>	UMH #374
CHILDREN & YOUTH MOMENT		Marianne Boschma
SCRIPTURE LESSON:	Matthew 6:25-34	Jill Burress
Liturgist:	The word of God for the people of God	
People:	Thanks be to God	
SERMON	Mental Health and Jesus: Experiencing Anxiety	Rev. Steele
CELEBRATION OF MINISTRY		Rev. Steele
OFFERTORY INVITATION		Jill Burress
(WE ARE GRATEFUL FOR YOUR GENEROSITY. PLEASE, GIVE LIKE IT MATTERS, BECAUSE IT DOES.)		
• Please place your Connect Cards in the offering plate along with any financial gifts you wish to give.		
OFFERTORY PRAYER OF DEDICATION		Jill Burress
OFFERTORY MUSIC		Yaroslav Daniels
*SUNG PRAISE	<i>Praise God, from Whom All Blessings Flow</i>	UMH #94
COMMUNITY PRAYER		Rev. Steele

LORD'S PRAYER (In Unison)

Rev. Steele

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever. Amen.

WAYS TO CONNECT

Rev. Steele

HYMN

God Will Take Care of You

UMH #130

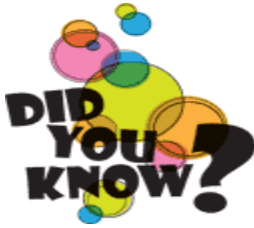
SENDING FORTH:

Rev. Steele

You have been accepted by God. Go accept and love others!

POSTLUDE

Yaroslav Daniels



Did you know that we are hosting the crop walk next Sunday? Register online via our website at www.farmingtonfumc.org. Financial donations are also welcome.

Come and join us!

PRAYERS

General: All conflicts globally and domestically, Connie L's grandson Andrew who is serving in Iraq and all those serving, Temple Israel in West Bloomfield and all our Jewish siblings

Gratitude: Kind spouses, growing children and families.

Health: Sue Hartag, Cameron, Lily W, Olivia, Tom Benjamin, Erica Palmer, Nikki, Kali Imus, Tony Tulgetske, James Lanstra, Denise Ruff, Hooley Fiwig, Sean Mullan, Bernie Shaw, Claudette Howell

Ruth Yuill, Dean Koppin, Beth Ellis, Judith Young Mayo, Kalakailo, Cook, those who have lost somebody to fentanyl overdose, families and everyone amidst their grief.

WALK. GIVE. CHANGE THE WORLD.

2026
CROP HUNGER WALKS

ENDING HUNGER
ONE STEP AT A TIME

It's that time of year again -- the CROP Walk is coming -- and as usual, Farmington First will host the Walk. The Walk will be held on Sunday, May 3, 2026. There will be two options for the Walk: a one mile course and a 3.5 mile course. Check in and t-shirt distribution will start at 12:30. Team pictures at 1:00. At 1:15 we will enter the Sanctuary for our kick-off meeting and then cross Grand River promptly at 1:30 to begin.

The preferred method of donating is online giving. To donate online click on this link [2026 CROP Hunger Walk - Farmington MI FUMC](#) and then click on the "Donation" box. If you do not want to make an online donation, make your checks payable to "CWS/CROP" and drop off in the office for John Sheppard. DO NOT make checks payable to the church. NO CASH will be accepted.

If you want to participate in the Walk, click on this link [2026 CROP Hunger Walk - Farmington MI FUMC](#) scroll down and click on the "Join The Team" box. It is very important that you register online if you want to participate because that also includes the waiver.

<https://events.crophungerwalk.org/chw/team/farmington-mi-fumc>

If you have any questions, please contact John Sheppard. See you at the Walk!!



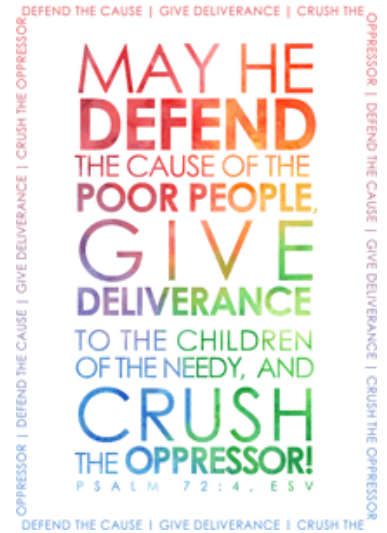
MEETING ON Monday, May 4th @ 6:30 p.m.

BALDWIN CENTER
Feed, Clothe, Educate, Empower

PAY IT FORWARD
choice for APRIL 2026
CCMM3036



God's Country
Community Ministries
thank you for your
recent generous cash
donation.



CARING MINISTRY LIST
STRENGTH & WISDOM DEALING WITH
HEALTH & LIFE CHALLENGES:

CONDOLENCES Ruth Yuill's life was celebrated on the 18th
Dean Koppin made his transition Memorial to be planned.
Bernie Shaw's hip is healing
Maggie Clewley, Pat Dygert, Claudette Howell, John Hopeck,
Bonnie Kennedy, Paul King, Cathy Kwasky, Scott Lodge,
Denise Rogers, Denise Ruff, Oliver Schultz, Sharon Scott,
Darrell Simmons, Bill & Suzanne White, Sandy Welling

The Caring Ministry keeps those who are shut in, hospitalized or sick and unable to attend church connected to the church through visits, cards, and phone calls. "Please notify our office via call or email: office@farmingtonfumc.org or pastor of any requests by Monday to be included in the bulletin and by Thursday for verbal announcements. Names will be removed after 60 days unless otherwise requested."



12th in loving memory of David H. Trombley who left this earthly life a year ago April 11th. We miss you, Love Jim & Carolyn Aymer
19th Happy Birthday, Eli! Paula Mullan
26th **Open for your tribute**
3rd **Open for your loving tribute!**
10th Happy Birthday to the best husband ever, Joseph!
Mary Sue Duffy
17th **Open for your loving tribute!**



Basement Burger Bar

Go after
worship any
Sunday and
20% of profits
come back to
the church!



SAVE THE DATE
Saturday, April 25 | 9 a.m. - 2 p.m.
Cass Community Social Services
& Methodist Children's Home



The following committees are looking for additional members:
Methodist Men, Finance, Outreach, Trustees, The Streaming Team, and Website Team.



If you are interested in any of these committees, please contact Pastor Brian at (269) 274-0029.

Our teller team could use your help. Looking for 3 or 4 more volunteers that are willing to help count the offering after Sunday service. It takes about 30-60 minutes to complete depending on the Sunday. We schedule 2 tellers per Sunday. Commitment would be for no more than 2 Sundays a month depending on the scheduling. There may be a month that you may not be required to count. Scheduling is flexible.

WOULD YOU LIKE TO BE A LITURGIST?

Liturgists are responsible for leading the opening prayer, reading the scripture lesson, leading the offering prayer, and reading the explanation of offering options. If you are interested in joining the liturgist team, please contact Jill Burress at jillb69@aol.com.

“HOW TO LIVESTREAM OUR WORSHIP SERVICE”

You can view our worship services live each Sunday morning, even if you don't have a Facebook page/account. Here is how to connect:

1. Go to: www.farmingtonfumc.org/watch or
2. Access the church's Facebook page at: www.facebook.com/farmingtonfumc/
3. Once on the church's Facebook page, select the video marked **Live** in red.
4. You can now view the livestream of our worship service.



DID YOU MISS THE WORSHIP SERVICE?

You can view all previous worship services and sermons on our YouTube Channel, Facebook Page, or Website:

- Youtube: www.youtube.com/@farmingtonfumc1829/videos
- Facebook: www.facebook.com/farmingtonfumc/videos.
- Website: www.farmingtonfumc.org/watch-live

YOUR FINANCIAL SUPPORT IS APPRECIATED

Thank you for continued prayerful and financial support of the church. If you would like to make a gift to the church, please use one of the following methods:

1) Drop-off or Mail-in your gift to:

First United Methodist Church of Farmington - 33112 Grand River Ave
 Farmington, MI 48336

2) Use PayPal, and select: First United Methodist Church of Farmington

3) Scan the QR code and follow the prompts.



GIVE TODAY



FOLLOW US ON INSTAGRAM @farmingtonfumc



FIRST UNITED METHODIST CHURCH OF FARMINGTON

33112 Grand River Avenue † Farmington, MI 48336

News & Notes April 19, 2026

248 474-6573 or 248 474-6595

Tuesday, April 21st

10:00 a.m. Bible Study
7:00 p.m. Bible Study

Wednesday, April 22nd

5:00 p.m. **WORSHIP COMMITTEE MEETING**
7:15 p.m. Boy Scouts

Thursday, April 23rd

6:00 p.m. Hand Bell Rehearsal in the bell room
7:00 p.m. Vocal Choir Rehearsal

Friday, April 24th

5:00 p.m. **Detroit Baptist Chin**

Saturday, April 25th

9:30 a.m. **UWIF General Meeting**
2:00 p.m. Liturgical Dance Rehearsal

Sunday, April 26^h

10:00 a.m. **Worship/SS Coffee Hour follows/BAKE SALE
BLOOD DRIVE**
11:30 a.m. Bible Study
12 noon Classical Indian Dance
5:00 p.m. Detroit Chin Baptist Church

Church Office Hours

Tuesday - Thursday
11:00 am to 3:00 pm

Pastor Bea

Tuesday – Thursday
10:00 am to 2:00 pm

Pastor Brian

is in the office from 10:00 a.m. --3:00 p.m.
Monday, Wednesday and Thursday.
Please text to confirm availability.
And, available by phone 269-274-0029
every day except Friday.

YOU ARE A BLESSING FROM GOD: We grateful for all our guest, let us know you are here. Please scan the QR code to complete a: **CONNECTION CARD**



ANNA COOK CIRCLE FELLOWSHIP

May 13, 2026 @ 12 noon

BRING YOUR SANDWICH & BEVERAGE

LYDIA CIRCLE FELLOWSHIP

CRAFTER'S FELLOWSHIP

3rd Saturday's of the month
May 16th 9:30 a.m. – 2:00 p.m.

Bring a project to work on, a sandwich,
and see what we are creating.
Susan Cook, Coordinator




United Women in Faith
Sat. April 25th
@ 10 a.m.

MEETING

John Dresden, president of the Farmington Area Good Fellows will speak on the great work of this organization.

ALL (including men) ARE WELCOME!



4th James Aren, Ray Barry Pat Fleming
7th Ryan Berry, 11th Noelle Montgomery
12th Evan Portner, 14th Tom Hanson
15th Dan Gertiser, 19th Elijah Greene
20th Geri Doolin, 23rd Marion Ringe
24th Lois Holmes, Aidan Riley
26th Diane Kreimes, Joy Baum
28th Elaine Malafouris, 29th Janine Shymanski
30th Mark Keach

17th James & Marilyn Totten TX